



23 YEARS AGO

'A people crucified, risen and empowered'

By Ma. Cora F. Doyo

"WE ARE A PEOPLE WHO KNOW HOW to rise suffering into the gold of the Spirit, into the gold of our churches."

This, to St. Teresa of Avila and Sister OCD, well-known former professor and writer Josefa Costales, a contemplative Carmelite nun in Quezon City, is what Filipino showed the world during the 1986 EDSA People Power Revolution.

We have lived up to Every Filipino's name, which is Juan de la Cruz, which is also the name of the Spanish Carmelite mystic St. John of the Cross. St. Teresa says, "Juan de la Cruz whose doctrine we have inherited, due the Cross is the royal road to perfection."

St. Teresa reveals that when the late Manila Archbishop Jaime Cardinal Sin called on the people to go to EDSA, the contemplatives could not be there physically, "he we prostrated ourselves in prayer."

SHRINE TO PEOPLE POWER: Their new stands at the crossroads of EDSA and Ortigas Avenue the Our Lady of Peace Shrine, where once invading military tanks were put to bed during the 6-day People Power Revolt. A six-story world station, the critical mass of people looked out from the revolutionaries and more like clergymen. They came ready to take on tank and armor armed only with rosaries, prayers, hymns and anthems ("Bayan Ko") holding aloft images of the Virgin Mary and the Infant Jesus over their heads.

A PEOPLE



SC pins leak on ex-justice

15 hours to stuff 20 years of misrule

By Yul Cervantes

THE FALL OF MALACANANG to politics, campaigning stunts on the night of Feb. 25, 1986, unfolded a chain of events that is now accepted, Greg Apatan, would have more in a book. "I hope it will never happen again, this business of no transition."

Less than three hours after 68 helicopters attacked the heavily armed and menacing sides of deposed strongman Ferdinand Marcos, an estimated 30,000 people stormed the Palace in a surge of vandalism, looting, fireworks burning and protesting.

Everybody wanted a tangible



Edsa II President skips Edsa I rites

By Christine V. Esguerra

CLARK FIELD, PAMPANGA—

President Macapagal-Arroyo skipping the grand celebration celebrating the 60-day anniversary of the 1986 EDSA People Power Revolution today.

A solemn dinner and looking

EDSA II A31



BLOWING IN THE WIND Though the summer winds cool and turn their hair, 24 Filipino beauties, vying for the title of Miss Philippine 2009 keep their cool and pose as they are prepared to the media on Tuesday at Subic Bay in Pinar City. The winners will be crowned on March 7.

Found guilty of passing on confidential ruling on citizenship, fined P.5M

By Norman Benabarro

THE SUPREME COURT YESTERDAY FOUND retired Associate Justice Ruben Reyes liable for leaking an unpublished and confidential decision of the en banc on the citizenship of Negros Oriental Rep. Jocelyn Limkaching.

In a unanimous decision, the en banc (full court) found its former member liable for grave misconduct and fined him P500,000 to be charged to his personal benefits.

The Supreme Court disqualified Reyes from holding office in any government agency, includ-

ing government corporate entities. It also required Reyes to explain in 10 days upon his receipt of the decision why he shouldn't be disciplined as a member of the Integrated Bar of the Philippines.

Reyes, in the decision, Reyes, who retired on Jan. 2,

SCPAC13386 A21

WB: Reports strictly confidential

By Michael Lim Uthas

THE WORLD BANK YESTERDAY refused to acknowledge the "nature of sanction proceedings," one of the bank documents that figured in the House inquiry into the bank's backing of three Filipino contractors accused of

bid rigging and other corrupt practices in a World Bank-funded road project.

The World Bank in effect disavowed itself from allegations that Jose Miguel Arroyo, the former head of President Macapagal-Arroyo, had links with Eduardo de Lamo, the contractor permanent-

ly loaned by the World Bank from participating in any of its projects in the country.

The nature of sanction proceedings is a "strictly confidential" document produced by the bank's Department of International Integrity (INT) and issued by

WORLD BANK A11

4 senators say GMA cleared prematurely

By Christine O. Arendano

FOUR MINORITY SENATORS yesterday said the Senate blue ribbon committee had not only rushed its investigation of the P73-million "leakage" scandal but had also "prematurely absolved" President Macapo-

gal-Arroyo of liability.

"Why was the hearing stopped, why is there now a committee report, and why was the President prematurely absolved?" Sen. Alan Peter Cayetano told reporters in reference to the release of a report by

A SENATORS A-6

Whatever happened to 'euro generals' case?

By Salvador Quidala and Laurence de Guzman

Inquirer Research

Edsa's Note: The following feature starts off the two-week update of former Page 1 stories that hardly or no longer appear in the news even while they are still pending in the courts or are unresolved cases.

FOUR MONTHS AFTER HE was held at the Moscow interna-

tional airport for carrying cash in excess of the allowed limit, the money confiscated from Elisse B. de la Paz, then director and commander of the Philippine National Police, has yet to be returned to her by the PNP.

And on Feb. 22, despite his involvement in the illegal withdrawal of the money from the PNP (and his own), Chief

PHATF010 A21

De la Paz has until Feb. 28 to return 105,000 euros in full, says PNP chief

By Tams Quinsanda in Manila and Desires Calas

in Angeles City

RETIRED POLICE DIRECTOR Elisse de la Paz has until Feb. 28 to return to her the 105,000 euros (P6.5 million) he allegedly

withdrew from Philippine National Police coffers.

De la Paz, a former national police commander, had to do so, he will be stopped with a criminal suit, PNP Director General Alan Marcos said yesterday.

DE LA PAZ A21

Media groups denounce right of reply bills

By Philip Tabara

LEADING ORGANIZATIONS of the print and broadcast media yesterday condemned the right of reply bill as a threat to press freedom.

The measures—already two bills, one in the Senate and one in the House—would compel media companies, under threat of being fined, to provide equal space and air time to persons who are subjects of their negative reports.

The National Union of Journalists of the Philippines (NUJP) joined the Philippine Press Institute, the Philippine up-rage broadcaster ng Pilipinas, and

PHIL A-4

Culture of chance, enchantment and Ash Wednesday

By Fe-Sid T. Malalay

FOUR YEARS AGO, MY COUSINS

were, like me, too late to see the show, but all the dollars and euros her husband earned when he

worked in a woman abroad for two years in the American football game.

COMMENTARY

Malay goes in without the slightest resistance to the gang members. She

and they had "repeated" her into parking with her relatives. When she came to the man had gone and the "themselves" position he turned out to be a dead end of paper stuffed inside a bag.

A man had engaged her in a talk, as soon as she stepped from a bus on Ortigas Avenue in Mandaluyong City, involved Malay.

She does not remember

CULTURE A4



AN OPEN LETTER TO THE PHILIPPINE PORTS AUTHORITY

To the PPA Board and General Manager Atty. Oscar M. Sevilla:

As you are aware by now, we, the members of the **Philippine Association of Migrant Workers and Advocates (PAMWA)**, are openly challenging the questionable bidding process for the **25-Year Manila North Harbor Modernization Project**.

A thorough study made by our legal team on the multi-billion-peso project's Terms of Reference and Contract indicated that those documents were practically formulated to tailor-fit the capability of the supposed winning bidder, while grossly being disadvantageous to the government.

Likewise, our legal team has noticed several hidden provisions in both the project's Terms of Reference and Contract, that it is quite easy to surmise that something smells rather fishy with the entire process.

The bidding itself was flawed right from the start as the Philippine Ports Authority (PPA) undertook it under **Republic Act No. 9184** or the Government Procurement Reform Act when the project does not involve any procurement of goods, infrastructure and consultancy services.

The more appropriate law to govern the bidding of the project should have been **Republic Act No. 7718** known as the "Act Authorizing the Financing, Construction, Operation, and Maintenance of Infrastructure Projects by the Private Sector".

It is also worth noting that the privatization of the country's major ports like the Manila International Container Terminal, Manila South Harbor, among others were previously undertaken by the PPA through long-term Contract of Lease agreements. For some reason, the 25-Year Manila North Harbor Modernization Project is now being privatized under a different but otherwise untested scheme.

While there is a grain of truth to the rather sweeping statements of some reputable newspaper columnists and broadcast commentators just recently that 'bid-rigging in government projects is an open secret' in the Philippines, it still leaves a bad taste in the mouth especially to the innocent and tax-paying Juan Dela Cruz.

The Filipino people and the Philippines deserve nothing less but pure transparency and accountability in the bidding of major government infrastructure projects, the **25-Year Manila North Harbor Modernization Project** included.

Manila North Harbor is the country's largest domestic port handling about 15 million tons of cargo annually or about 35% of the country's inter-island trade and passenger traffic. It is a major gateway to domestic trade and thus plays an important role in the local economy. That last thing the government wants is to abdicate its control on this major infrastructure and trade conduit by giving everything, practically hook, line and sinker, to a private joint venture, when one company of the joint venture is currently unable to shoulder its financial obligations to its present contractors, suppliers and port ancillary services providers in its very own private port in the Port of Manila.

We have called the attention of President Gloria Macapagal-Arroyo and the Senate Blue Ribbon Committee on the matter and we believe that it would not take long before a full-blown investigation is made on the Manila North Harbor Modernization Project.

Reflective of our genuine concern not only for our OFW members but for the entire Filipino people, we believe that the PPA is in the best position to rectify its rather flawed stand on the Manila North Harbor Modernization Project. There is a positive and more advantageous way to implement the 25-Year Manila North Harbor Modernization Project and for the most part, the PPA will play a crucial role in it, given its long and proven experience in port development and management.

The Genuine Way to Develop Manila North Harbor

PAMWA strongly believes that the PPA is the right government agency to undertake the Manila North Harbor Modernization Project because it has the appropriate resources to do so.

As a matter of fact, no less than General Manager Oscar M. Sevilla Jr. disclosed in published reports in January 2009 that the PPA has spent some PhP 7 billion to build and develop roll-on, roll-off ports nationwide under the Strong Republic Nautical Highway flagship project of President Gloria Macapagal-Arroyo. PhP 10 billion in 25 years is certainly manageable for the PPA.

Given the importance of Manila North Harbor to the country's economy, it is imperative that the government, through the PPA, should maintain control over the port and thus spend for its modernization.

As additional funding, the PPA can actually request for syndicated loans from banks or by floating retail bonds. When the modernization project is on track, the PPA can pay for the loans through **Initial Public Offering (IPO)** at the local stock exchange and the retail market. In that way, the government can achieve dual goals of control and privatization with the ownership of the government infrastructure belonging to Juan Dela Cruz instead of a single person or profit-motivated business individuals.

In the end, the PPA will be accountable truly to the Filipino people for the result of the Manila North Harbor Modernization Project and the project's eventual profits will redound to the benefit of the general public, both in terms of services and revenues.

We urge the PPA to do the right thing and consider the genuine and honest-to-goodness way of undertaking the Manila North Harbor Modernization Project.

Thank you.


ENGR. NELSON P. RAMIREZ
President, United Filipino Seafarers

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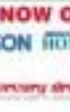
A reflection of the Filipino ideals of ease and comfort, this mall enables shoppers to have an everyday access to a uniquely ecological leisure and lifestyle destination. Walter Mart houses a number of trusted Filipino establishments such as the Walter Mart Supermarket, Abenson National Bookstore, An Department Store, and Homecenter for your shopping needs! says Jigs De Guzman.

Walter Mart Santa Maria is also complete with variety of food choices such as Jollibee, Red Ribbon, KFC, Chowking, Goldblends, Mang Inara, Pies De Maria and Greenwich. It also has two cafes featured like its state-of-the-art corner, Vibrica of Fox environmental center and lounge. Banking, bill payment, remittance centers and freight needs are also addressed through mail branches of BDO, BPI, Cebuana Lhuansa, and others. "As we build every Community Mall, we always work within the idea of everyday convenience, dining, shopping and fun. Walter Mart is always big enough to satisfy your basic needs, but conveniently sized enough to be comfortable and service. That is why we would say, 'Wag Walter Mart Everyday!'"

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The Promise of EDSA 1986 Fullfilled



With democracy restored by the 1986 EDSA Revolution, the opportunity for local governments to serve at the frontlines of our new democratic order presented itself.

When I was appointed officer-in-charge of Makati by President Corason Aquino in February 1986, it was my belief that as long as people felt they were not getting a fair share of economic growth, as long as people felt that their local governments had neglected to provide them with the most basic of services, we will always have with us the feeling of resentment – and with this resentment comes social and political unrest.



If we were to make EDSA 1986 a reality, if we were to make democracy a reality in the lives of ordinary people, then government, or more specifically, the local governments, should be made to really work for the people – as a dispenser of basic services, and as an engine for economic growth. More important is the need – or rather the responsibility – to ensure that the benefits of growth are felt by all – but by the poor, more deeply.



- Mayor Jojo Binay



Victims' kin fears raps vs 17 cops in Parañaque shootout just a ploy

By Michael Ramos and Nancy C. Cervino

THE FILING OF CHARGES AGAINST 17 policemen involved in the bloody Dec. 5 highway City shootout could be part of a plot to intimidate them from testifying publicly, a victim's wife who has lived near the location said yesterday.

Lilia de Mesa criticized the Philippine National Police Internal Affairs Section (PNP-IAS) for its failure to file criminal charges against the policemen who took part in the shootout which left the deaths of two businessmen, Alfonso, and three others including his wife, Lilia.

"The witness expressed apprehension over the possibility that the filing of administrative cases against the members of the PNP Highway Patrol Group (HPG) was just

meant to intimidate them of criminal liability."

"The evidence against the policemen were very close," De Mesa said the business case for the plot.

"It's been almost three months since the shootout happened but the PNP has yet to file any criminal case against their fellow members," she said.

In a Feb. 19 resolution, the PNP-IAS ordered the filing of administrative charges against HPG personnel who figured in a firefight with alleged members of the White Army military group. Several civilians, including Alfonso and his daughter, were caught in the crossfire and killed.

Meanwhile, Quezon City Police District Director, Chief Supt. Magnifico Garcia, said a law-filing committee he created is probing the Feb. 17 bullet-shooting incident

has recommended the filing of charges against PNP Road Patrolmen who were identified as the operators who fired into the suspect van.

"It appears that the suspects violated [police] operational procedures when they fired the three rounds shots at the suspect," a statement released by the QCPD said.

The statement added that the committee also recommended the filing of charges against another operator, SP01 Ferdinand Serna, for not wearing a police uniform during the operation.

It also recommended charge proceedings for another of Serna's partner, Insp. Angelo Briceno, head of the QCPD motor desk which led the operation, for his failure to properly supervise his men during the shootout.

Nurse found robbed, raped, murdered in her condo unit

By Juanito C. Anacleto

A 23-YEAR-OLD PHILIPPINE NURSE, raped and then killed following working inside her condominium unit in Manila.

Police identified the victim as Roselle Tumbales, resident of the River Building on A. R. Larrosa Avenue in Quezon City.

When found, she was lying supine on the floor, naked from the waist down and with multiple wounds to the head.

Manila Police District homicide section head Chief Insp. Alberto Ibañez reported the discovery made in the bedroom of her condo unit, apartment 202, on Monday (Jan. 19) at about 10:30 a.m.

The body was found 22 hours later, at around 7:55 p.m. Monday, by Insp. G. Cruz, the victim's cousin and co-owner.

"She was found lying on the floor, naked from the waist down and with multiple wounds to the head," Ibañez said.

He said Tumbales was last seen alive at around 9 p.m. Sunday, by a 202 co-owner, Ibañez. Ibañez said that the owner had two other roommates but at that time, she was alone in the unit.

The body was found 22 hours later, at around 7:55 p.m. Monday, by Insp. G. Cruz, the victim's cousin and co-owner.

Cruz said the police that the victim had some jewelry, a laptop, and other electronic equipment worth about P10,000 from the unit.

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BUSINESS

Editor: Raul D. Marcelo • Design Editor: Corrie S. Narrows



Exporters seek emergency gov't aid

IN THIS ISSUE

- **Foundation unveils new lending facility for the poor** -B4
- **Asian shares hit 3-month low on worsening financial woes** -B5

Group says 177 companies have closed shop

By Abigail Ma

IF THE GOVERNMENT DOES NOT PROVIDE MUCH needed assistance to exporters within the next two months, more and more of them may be forced to stretch workers and even close shop within the year.

In a presentation to respective senators, Chinese Union Unions and Exporters Association of the Philippines last Monday, labor and the rising 3,157 members of 24 exporter associations, 177 have already closed operations.

The worst hit sector is in the furniture industry with the City Furniture Industry Foundation reporting 67 closures and the Chinese Furniture Industry of the Philippines reporting 34 more.

EXPORTER



BSP warns public vs Legacy copycats

By Michelle V. Rana

WITH OFFICIALS OF THE PHILED LEGACY banks believed to have gotten rich by absorbing all deposits, money, the Bangko Sentral ng Pilipinas said in late November, it plans that deposits of legacy banks were being put up for auction.

The Bangko Sentral ng Pilipinas has warned the public not to easily believe banks or financial institutions promising yields that are substantially higher than what the market regularly offers.

BSP Deputy Governor Hector Espinal Jr., head of bank supervision unit at the BSP's office, said reports that some entities were imitating the business model of the legacy group, Citibank, he said. The BSP was already monitoring their activities.

"We gathered reports that there were already some copycats, although their nature is not widespread," Espinal told reporters.

The BSP earlier exposed the business model of the legacy group.

The BSP said banks of the legacy group were growing big bank deposits for offering higher than market interest rates and using the money to temporarily fund under-capitalized affiliates in the personal sector. Once personal regulations are tightened, the money will be used to fund under-capitalized banks that were being used by the copycats.

Features of the deposits were also being copied off illegally by the personal parts of the officials and owners of the legacy banks, the BSP said.

Despite this, legacy banks managed to avoid too many complaints from depositors because the business model used by these banks made sure that depositors were encouraged to place deposits amounting to only P250,000 or below.

According to BSP rules, deposits made to P250,000 are covered by insurance.

"The business model was really in such a way that everyone will be happy with the deposits who were provided high yields. The only one that suffered in the deposit insurance fund of BSP," Espinal noted.



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BUSINESS

Meralco net down 22%

By Jazp R. Sison

LORENZO MERRA ELECTRIC Co. yesterday reported a consolidated net income of P1.12 billion last year, 22 percent lower than the P1.44 billion recorded in 2005.

In a disclosure to the Philippine Stock Exchange, Meralco said total revenue decreased by 4.44 percent to P19,790 million last year from P20,670 million in 2005.

Due to the lower percentage, earnings per share last year decreased from the 2005

of 2005. Revenue declined by 4.95 percent to P18,973 million from the previous year's P19,740 million.

While revenue declined, overall electricity sales grew by a modest 2.2 percent while system loss performance had "exceptionally improved" at 4.2 percent from 5.40 percent in 2005.

Total expenses decreased by 4.22 percent to P18,659 million last year from 2005's P19,414 million, mainly due to lower purchased power costs.

RP on track to post BOP surplus

By Michael V. Sison

THE PHILIPPINES IS EXPECTED TO END this year with a balance of payments surplus of \$500 million despite slower export and declining remittances, according to the Bangko Sentral ng Pilipinas.

The BSP originally expected the BOP surplus to be as high as \$2 billion, but the weak end in the global market has prompted the central bank to cut the estimate to \$500 million.

"The BOP would still be in surplus, although not as high as initially expected," a source from the BSP said. The official said he was not sure because the BOP has not yet fully recovered from the 2005 recession.

BOP is closely watched economic indicator, as the difference between foreign currency going in and out of the economy.

With the weaker peso, foreign exchange appeared to come in short supply.

By the end of last year, the country's BOP surplus stood at \$400 million compared with \$1.57 billion recorded the year before.

The drop in the surplus was blamed on strong risk aversion among investors who were prompted to pull out investments from the Philippines and other emerging markets.

But the BSP expressed confidence that the impact of the global recession on the

Philippines' BOP would be less than expected.

Lines going down, Japan's growth in the BOP and the 10 percent of investment pulled from emerging markets like the Philippines could be offset by continued growth in remittances sent by Filipinos working overseas.

He said the worst that could happen to remittances was poor shows the year, assuming that a recession was unlikely because the number of Filipinos recently deployed abroad was still high.

The BSP expects remittances to grow by 4 to 5 percent this year, slower than the 15.7 percent registered last year. Remittances amounted to \$14.1 billion in 2005.

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SMC to pursue stake in Mariveles terminal

By Elizabeth Sanchez-Lopez

SAN MIGUEL CORP. IS STILL here on getting a stake in the Mariveles Grain Terminal, a major gateway for bulk grain handling in Batavia that is operated by Asian Terminals Inc.

San Miguel said that the acquisition was pending through simple pending court case in settling the part.

"We are in pending acquisition of the Asian Terminals," said San Miguel. The company is a joint venture of San Miguel and the Japanese company, San Miguel Terminals, Inc. (SMTI).

On Monday, the Regional Trial Court in Batavia province rejected the provincial treasury from selling the Mariveles Grain Terminal, SMTI said.

ATC and its subsidiary SMC secured a "will of prohibition" that ordered the provincial treasury of Batavia to "desist from selling certain real properties in the SMC complex in a public auction," ATC said in a declaration.

San Miguel Corp. and Japanese trading giant Toyota

Traders Corp. have earlier agreed to jointly acquire the P1.8 billion stake in the Mariveles Grain Terminal.

San Miguel has a feed mill in Mariveles, Batavia, which is capable of producing 50,000 metric tons a year.

On Dec. 17, 1993, ATC and San Miguel, with the blessing of the provincial government of Batavia, entered into a 50-50 joint venture covering 1 hectare of the 15-hectare Mariveles Grain Terminal.

The property is being used by SMTI as a major gateway for bulk handling regional operations for feed, a key ingredient in feed.

The Mariveles grain feed mill is a major gateway for grain such as rice, soy beans and corn.

Under agreements entered into with the Philippine Free Trade Zone Development Authority (PFTA), SMC has the right to develop and operate the Mariveles Grain Terminal for 20 years through 2015, renewable for another 20 years.

DA readies investment proposals for Saudis

By Riza T. Ochoa

THE PHILIPPINES WILL PROBABLY launch an investment mission to Saudi Arabia in April, according to the Department of Agriculture.

Agriculture Secretary Antonio Trilla said in a statement that there was high demand for rice, corn, sorghum, sugar, oilseed and other products among Saudi Arabia's population of about 20 million.

Of this total, about 3 million are Filipino overseas workers—a large enough market for business and trade.

"The Saudi Arabia market, being looking at a million of our export items who are there. That is a million of them, demanded to have our mango a week, that's a million mangoes a week. All of them would demand to have our banana a week, that's a million bananas a week being needed by Saudi Arabia," Trilla said.

Agriculture Undersecretary

Remigio Benito said that the Philippines Agriculture Development and Commercial Corp. (PHADCC) is sending the team to study the investment prospects for the Saudi group.

PHADCC is undersecretary to the Philippine Agriculture Development and Commercial Corp. (PHADCC) is sending the team to study the investment prospects for the Saudi group.

The Saudi group, Saudi Agricultural Development Corp. (SADC), is a joint venture of the Saudi government and the Philippine government. SADC is a joint venture of the Saudi government and the Philippine government.

The initiative aims to help agricultural investment abroad.

The initiative aims to help agricultural investment abroad. The initiative aims to help agricultural investment abroad.

Further, the Philippines will continue to support the growth of a private sector in the agricultural sector.

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How to plan space of 46-sq m condo

Make it multifunctioning, warm and unisex

By Rex T. Vargas

WHEN TESS VARGAS, Filipino design school grad, set to do his empty shell of a condo at Midtown Residences in Alabang, the managing director of Beverly Design found her unique vision.

Vargas had to make the most of his design space. In actuality, he had to make the most of the space, which lived in the US, will not see the light.

To create the illusion of space, she focused on a multi-functional design. Instead of a room, she made the space a room. The unit and space concept was inspired by modern architecture that blends.

She retained the unit's wood floor and modernized the living area. To make the space a room, she used the space to create the illusion of space. In a kitchen, dining area, living area and bedroom, she used the space.



AFTER knocking down a portion of the kitchen wall, Tess Vargass moved the kitchen to the side of the room facing the bedroom.

"You must make the most of the space. Planning is very important. You must make the most of the space."

Vargas goes to his design's preference for light-colored finishes, including a fairly large custom-built cabinet to match. To keep the unit from becoming too modern, she used, to contrast, smaller pieces, particularly the geometric, modern, in white.

Apart from designing living spaces, Vargas and her team of interior designers also design and manufacture modern-to-modern furniture. Except for the living room and kitchen, the unit's furniture pieces all came from Beverly (at 100-2188).

The architect made the decision to carefully study their unit before going on to a kitchen renovation.

"This obviously isn't the most big furniture piece in a studio," she says. "And even if the piece is of angular size, they must make with the space instead of the other way around. That's why it's better to have big furniture pieces in a studio."

Instead of going for the traditional green and blue...the owner is made...Vargas went for a warm, even dark color scheme to create a warm and cozy.

"Each color has its own," says Vargas. "In fact, it's more of a specific color like blue and white. There are places to use color that the color scheme should be incorporated into the color of the furniture."

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BY STELLA MORRIS



CONCEPTS SA DOKU

By David Carson



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2	3	9	8	1	7	6	5	4
6	4	7	2	5	8	3	1	9
4	9	3	5	8	1	5	7	2
5	8	2	7	3	9	6	4	1
1	7	6	5	4	2	9	8	3
3	6	8	1	7	4	2	9	5
9	2	1	3	8	5	4	6	7
7	5	4	9	2	6	1	3	8

LIFESTYLE Parenting

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Lessons your kids can learn from 'American Idol'

By Cindy Matheson, Controller

MY 10-YEAR-OLD son is the creative, quiet and brooding type. He likes to write and read science fiction. It was a pleasant surprise to watch his growing fascination with "American Idol."

My young man would sit on his dad's Lazy-boy, concentrating on the contestants, alternately laughing and frowning at the judges' comments. He would eagerly tell us each evening the highlights of the day's show. I thought this was a happy diversion from his usual, more quiet preoccupations.

Why are many people fascinated with the show? I see through several episodes and admit that I, too, have been hooked. Why do we keep re-watching it, over and over again? Is it the secret desire of wanting to be discovered as the belle?

an interesting article explains the fascination with this show. As a parent, I was comforted to learn that despite the lack in pace, "AF" is a show our kids can learn from. Massachusetts-based psychoanalyst and columnist Steve Harnad/Fukier writes in *PsychCentral.com*, "For almost 40 years, *AF* shows us that talent alone isn't enough. It's character counts."

Thurmond says that what ultimately separates the winners from losers isn't talent. "We know the judges are looking for and what the winners find, creating a clear message of character."

In "Lessons From American Idol: It's Character That Counts," the chief executive lessons about what it takes to be a winner in "Idol" or in life.

1. Winners are able to be critical as critics, not as E and judgment. They know there is always room for improvement and they may spend hours

low with experience in the industry (whether it's finance or your own home) has something useful to say. They don't write satire people off because they are older, grumpy or underpinned with young genius. They don't just discuss culture matters they don't agree with. These articles change us.

3. Whomers know that saying too hard turns others off. Instead, they find their connections to find music is rare, then invite others to share it. Blowing off is, to use Whomers' word, self-indulgent. Finding meaning and sharing it is true artistry.

4. **Whisperers** are mindful of group process and take place in group evolution. They know how to contribute ideas to the group without dominating it. They draw in the group's quiet members. They let people know that their contributions are appreciated.

3. Wildest script lining gradually and learn from every line.


It's amazing how a seemingly simple talent show like "M" can provide learning moments. It's comforting that subliminally (hopefully), our children also pick up these lessons and are not only entertained.

Unfortunately, when we run a show similar to "Udd," locally, those artists are hardly the lowest. It also remains to be seen if the voting in this country would shift from a popularity race to one based on integrity, character and yes, talent—and I don't mean in singing or dancing. I wonder what would happen if our local officials were to join Udd? What would become of? More importantly, who would make up the jury? *By Jeffery*

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WEDNESDAY, FEBRUARY 25, 2009

LIFESTYLE Home & Entertainment

Spanking: 'It's soul murder'

More readers react

WE CONTINUE TO GET feedback to this story's "Spanking isn't just OK" (Jan. 4, 2009).

Fallacy of 'child rights'

These articles brought children, mother and some serious thinking.

I, too, was spanked and am the best for it.

As a designer who grew up in the Philippines—and now in the infidelities of a Christian school—I mean the discipline the Philippines is based on the "parent of the child of the child."

Since when do a minor's rights take precedence over those of the adults who are responsible for the person, upbringing, education and well-being of the child?

It is so clear (at least to me) even the Department of Education or the Commission on Human Rights has had the guts to clearly define what such things as "child abuse" and rights of education and punishment.

In some dominated language, there is no such thing as the "rights of the child," which ultimately will destroy that very child in the way grown-up adults will discipline a child.

The Philippines is a far behind where the UN is right now, where public school teachers are hardly correct their class, to give kids their way on campus, and where criminals have more "civil rights" than the politicians who are charged with protecting society and maintaining law and order.

There's hoping you will compare the fallacy of this whole idea of the "rights of the child." That is why they are called "minor." They have no ability to govern and/or make

intelligent long-range decisions, much less to self-protecting.

Thanks for letting me react. I am the first who would not want to see any child spanked. However, if some discipline is needed, he is spanking or some other thing that is reasonable. It will change the improper behavior, then as a society we can better off to recognize that discipline is not harm. There is a big difference! The discipline is a device could harm you, but on other occasions could mean harm. They are not the same thing—Lore Hooge

Soul murder

Spanking may not have killed the body but Dr. Allen Miller says in her book, "They Didn't Kill the Angels," that such victims suffer from soul murder.

Do you really think your generation has been killed? What do you know about the innocent souls of families of spanned children?

At children we were subjected to this parental lack of respect control. We have depression, psychotic tendencies, low self-esteem, and one death. Very few in the entire system would admit to the same.

Yes, not all who were spanked because they generally do the same shameful actions to their own children.

Those who say they aren't worried about selling the whole truth. They may be unable to admit their own part. It was only when I had my own child, did the severity of my father's beating come home to me.

When I was 12, and at a party to know that, people around the table were telling

stories of getting to realize. They were very generous. The one man spanked, I was taken forth my library of books and new toys. Then, and only then, did I begin to realize what had happened to me.

I never spanked my children, because I remembered what it was like, and I know it is wrong to spank anyone like this.

It's wrong to hit a child. Just wrong.—Marianne Davis Smith

No, never

The article by Pam Pata is flawed on the limited definition of physical punishment by her parents, whose she concludes "I didn't hear" her or her peers, is an example of the Stockholm Syndrome, also known as the Prisoner Syndrome. Psychologists call it "Identification with the aggressor."

In 24 countries it is against the law to hit children, and in many more, the statute described by the author would be used in investigations and child protection. It is not okay to beat children, it is our child's choice to go to jail there but, no more than it is for her to be beaten to match with their way.

The author has expressed and denied the anger she felt, she says this emotional abuse.

Children are being brought up just fine, much better in fact, without any hitting at all, and certainly without the brutality the author experienced.

Abused children is spanked?

No, never. To answer otherwise is to contribute to child abuse.—Robert F. Johnson, Dublin, OH

Lazy way

Let me start by telling you how bad I felt upon reading

your article. You mentioned DR. SPILLER, the abuse, not because of it. I am a dad, and I realize what can happen to young adults, whether they're a hand on hitting them.

Was it me? I know it was hard work, but I'm not sure about parenting it about? Children are people, too, then, who deserve the respect of a parent, as much as parents expect their children as respect from them.

Spanking is nothing more than a punishment. Parents spank for those reasons:

1) Fear—fear they come home from a long day at work and don't have the energy to deal with their children misbehaving.

2) Anger/Intention—they hit out at their children because they wouldn't listen to them. Or, they think their children need to learn not to do it well.

3) Lack of control—they have anger problems and don't know how to communicate any other way than by physical attack.

I have dealt with this issue in other columns. I have researched this.

But as for the other reasons: minor violations or misdeeds, spank 'em out! back to school and home. What I have found is that these kids go to school or live in a house of fear. Should they be when nothing is done, how?

Discipline means, simply, "to teach." What do you teach your children when you hit them or slap them? Violence. Every research project clearly shows that children spanked at home or at school with violence will be potential victims or participants in violent acts themselves.

Hitting a child is a lazy way to raise kids.—Greg Larson



BACON OF THE WEEK

Mixed cereals and fruits

By Norma Chikara

Greensboro

THE MORNING HUSH HOUR finds us with little time to eat breakfast while cereal is the most common breakfast selection since they need no cooking, eating the same cereal every day can be boring. There's a way to add variety to breakfast cereal: make a mixture of your favorite cereals, add raisins and dried fruit for sweetness and put in some ice, the added crunch.

Mix a variety of Raisins and raisins in your spoonful. This breakfast mix is lots of fun.

However, it makes a good treat, too. Just spoon a cup of it into a reusable plastic bag, mix in a teaspoon, and you're ready to go.

Mixed Cereals and Fruits

- 1 c. multigrain cereal
- 1 c. raisins (or cereal)
- 1 c. cranberry (or cereal)
- 1 c. raisins
- 1 c. dried fruit (or cereal)
- 1 c. chopped walnuts or almonds (or cereal)

Stir all ingredients into a large bowl and mix to com-

bine. Makes 6 cups. Serve in cereal bowls as breakfast. Or to pack as lunch. Spoon 1 cup servings into a reusable food grade plastic bag. If desired, add a teaspoon to the bag for convenience. Find tightly and back into lunch bags.

Tips

• You can prepare this ahead. After having little ingredients to combine, spoon equal measures of the mixture into individual plastic bags and seal bags tightly. Store in a single container. Each morning, each kid just has to grab a bag before leaving for school. (See how, someone?)

• If you're feeling sorry about your kids forgetting to bring back the ingredients, use disposable containers.

• A reusable plastic sandwich bag makes an ideal lunch container.

• This is also a great way to use leftover cereal that may not be kept around on the kitchen counter.

• Other ingredients you may want to add to the mix, include seeds, dried apricots, nuts, marshmallows and chocolate chips.

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LIFESTYLE Home & Entertaining

Music education as a parenting approach

By Christine E. Limning
Guest Writer

LIKE MOST WORKING MOMS, I do not have time to tutor my five children. We just have managed to do quite well in the arts, sports and academics—thanks to an innovative music teaching method and a dedicated, address teacher-mom (Mrs. A).

Passing to living some heavy into the lives of children until the devastation of post-9/11 New York City, violator in Chicago, Suzuki created the Suzuki Method, an educational philosophy which strives to create "high ability" and "musical character" in its students through a nurturing, teaching environment.

In primary schools for utilizing this in music education on a specific instrument, then the violin, piano or cello. The teaching environment is modeled as a concept of

early childhood education focusing on factors thought that to be present in acquiring native language ability. These include immersion, encouragement from parents and teachers, small steps, and an unforced learning atmosphere based on each child's readiness to imitate examples and internalize principles.

Thanks to articles by Pablo Talamas in the *Business* almost a decade ago, I got to know about the music of legend Francisco and other world-class Filipino pianists. By helping my children to connect to these talented musicians, they learned to appreciate classical music at an early age.

Eight years ago, we were looking for the best piano teacher in the country for my second son, Francis Lorenzo. We sought out professor Carmencita L. Arcebaldo, or Mrs. A as we loving students call her at the Cavendish Music Studio (CMS). My son often calls her *Maestra*.

Francis Carlos eventually became Mrs. A's elite scholar under teacher Heinrich Ocho,

while Francis Lorenzo, who had played Mozart's "Rondo Alla Turca" in his audition, was assigned her last in class from the last, first, and last piano level. The first and last Mrs. A were violin students.

Today, Francis is a graduate of the Suzuki Method and, like his older brother, a CMS piano soloist.

Living proof

I believe my children are living proof that the Suzuki Method works. I also strongly believe to Suzuki's thesis that talent is not inherited but acquired, and I am proud to believe that a child has no talent and is just given up to surrender. Based on my experience, I offer parents these tips to fight:

Creating an inspiring environment to help a child develop superior talent and abilities. Surrounding child with books, newspapers and children's magazines, musical instruments, board games, and sports gear will encourage them to seek learning.



CARMENCITA Arcebaldo and Francis Lorenzo E. Limning

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By eight, 15-year-old Francis Carlos, a 10th grade student sophomore at L.P. Ed. man, is classical and just guitarist who does love her gigs with his jazz-rock group, the New Pans and All Stars. Francis Carlos was the principal cellist of the La Salle Intramural Band (L.S.I.B.) during his high school. He now plays the saxophone.

By 10-year-old Gisela plays the piano with my parents, Alex and Alex, 6, plays the violin. Brown-year-old Christian plays the violin and has performed at Aguinaldo PC Bank ballroom and several S.M. Mall, among others. She is a Kanan Kanan Gold Award and at the top of her 10th-grade band in Kanan Kanan Mall. Her level 11 with organology is equivalent to the concert level by second and third-year college students. Until now in Christian's reception at Kanan Kanan Mall, teacher Alex Carlos, for her term continues to teach in teaching his daughter.

Repetitive develops excellence. Keep in mind that patience is important family for achievement. "Shouting, concrete pieces requires a high level of discipline, hard work, concentration, and a good long to go on (more work)." Francis wrote in so many for his college education test.

Playing the violin and trumpet first before learning piano, 15-year-old Francis has a free-time interest (2007 and 2008) in the musical Piano. He played with the Philippine (PTP) Piano Competition, and has participated in various PTP Festivals. He was ranked as piano soloist in the musical concert in Seoul for the 10th birthday of the Suzuki. He has performed around many times.

Working with kids

During evenings, kids learn. Work, read, play and play each day. Repeat! I spend most of the day at work, we discuss and agree on my children's daily schedules. My kids focus on their 120 every day and learn their music instruments daily for 15 minutes to an hour. After their daily dinner, they enjoy an hour playing computer and board games. They're also into watching, listening or reading. I encourage them to read a chapter of a book daily.

Every night we play at a family with a table using their insurance card, which usually serves as a reward report of the day's happenings while I was out working. When my son is happy, I ask for a gift or in fact my children always give me a gift for God's greatest gift.

Every Saturday for the past seven years, I bring my kids to the CMS for their music lessons. The founder of the Philippine Suzuki Association, Mrs. A. has taught accomplished Filipino musicians, including Kanan Kanan, Oliver Salgado and Lino Ocampo.

I still have much to learn about piano, violin, trumpet, and guitar and influenced Mrs. A and my old professor, Alex and Alex, inspire and guide me. "Your parenting model epitomizes the Suzuki philosophy: 'Where love is deep, much can be accomplished.'"

The author is the corporate officer and market area director of Western Philippines. The Philippine Suzuki Association can be reached at 720-7070 or 720-7040.



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But "Granddad" has proven its naysayers wrong and has indeed become a 'Millionaire'.

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Solid performances

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